Planning Your Seed Starting Schedule



Cowlitz County Master Gardeners

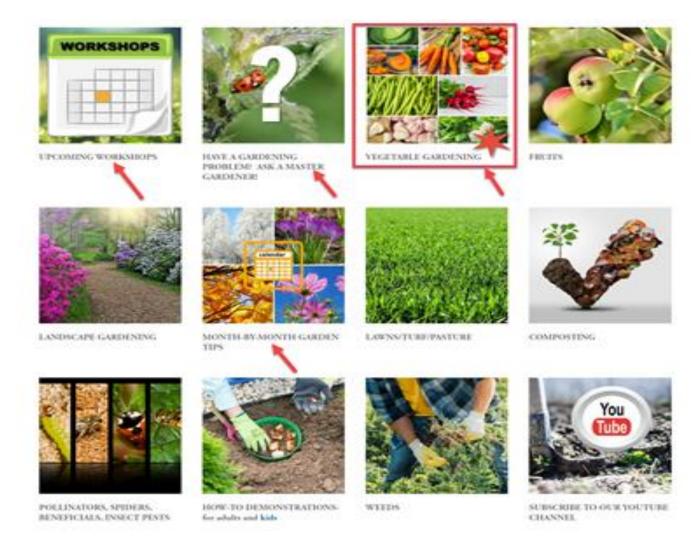
Dale Wheeler and Sara Clark February 7, 2023



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https://www.cowlitzcomg.com

Introduction

WHEN should I plant my seeds?

- 1) Know your growing zone
- 2) Know your seeds
- 3) Direct planting or transplants
- 4) Succession planning





Introduction

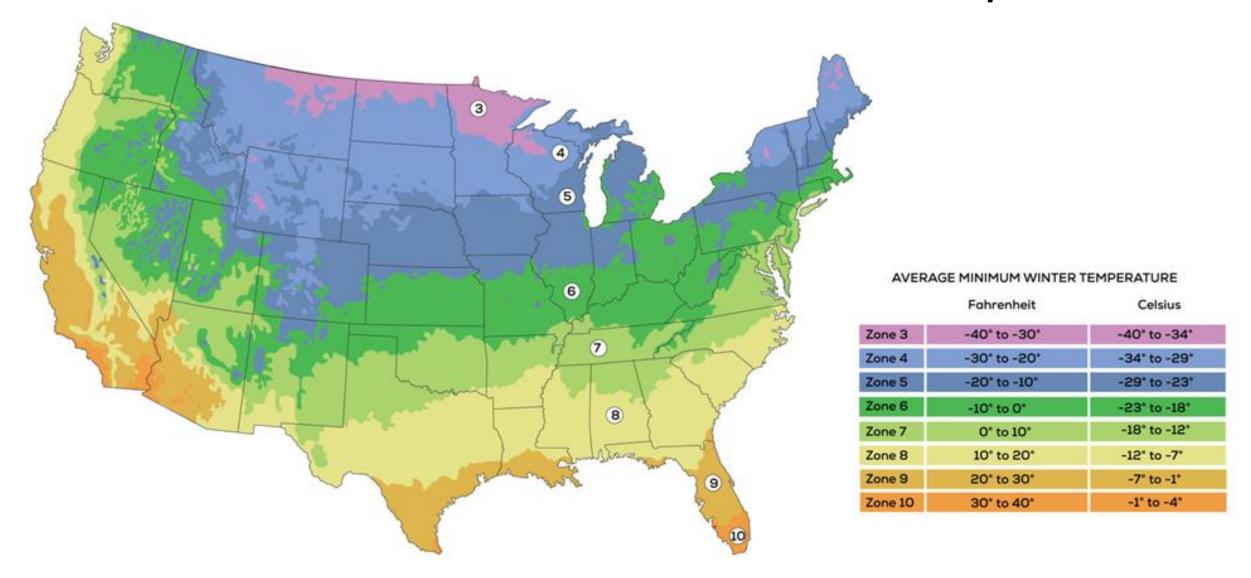
WHEN should I plant my seeds?

- 5) Extending the growing season
- 6) Specific Examples
- 7) Winter gardening
- 8) Summary

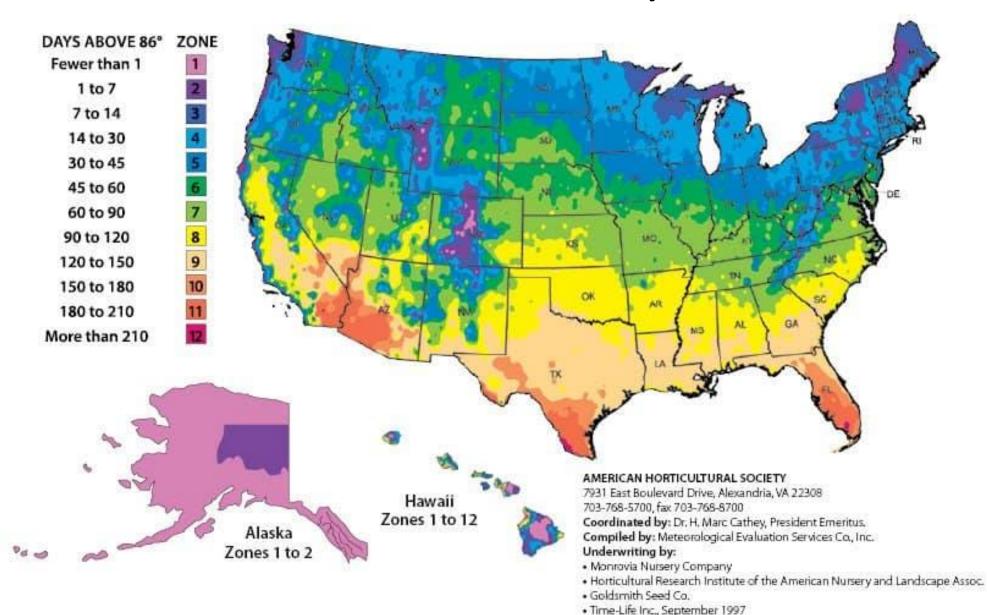


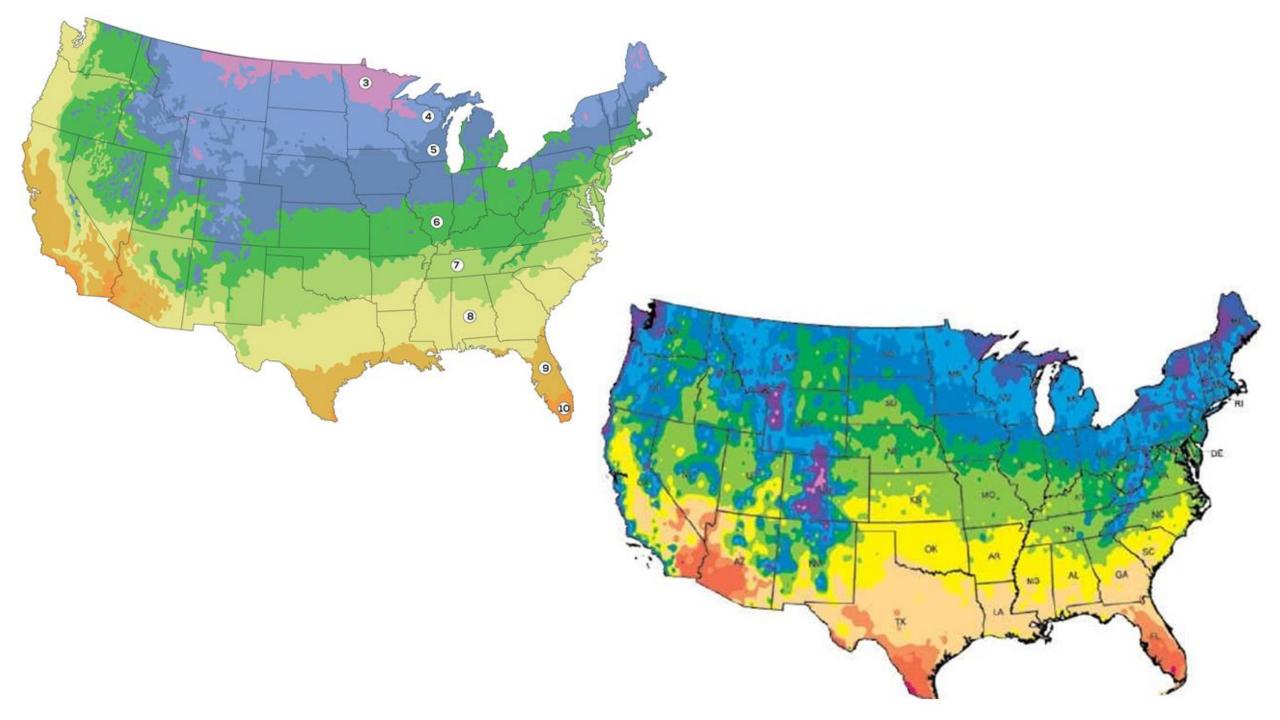


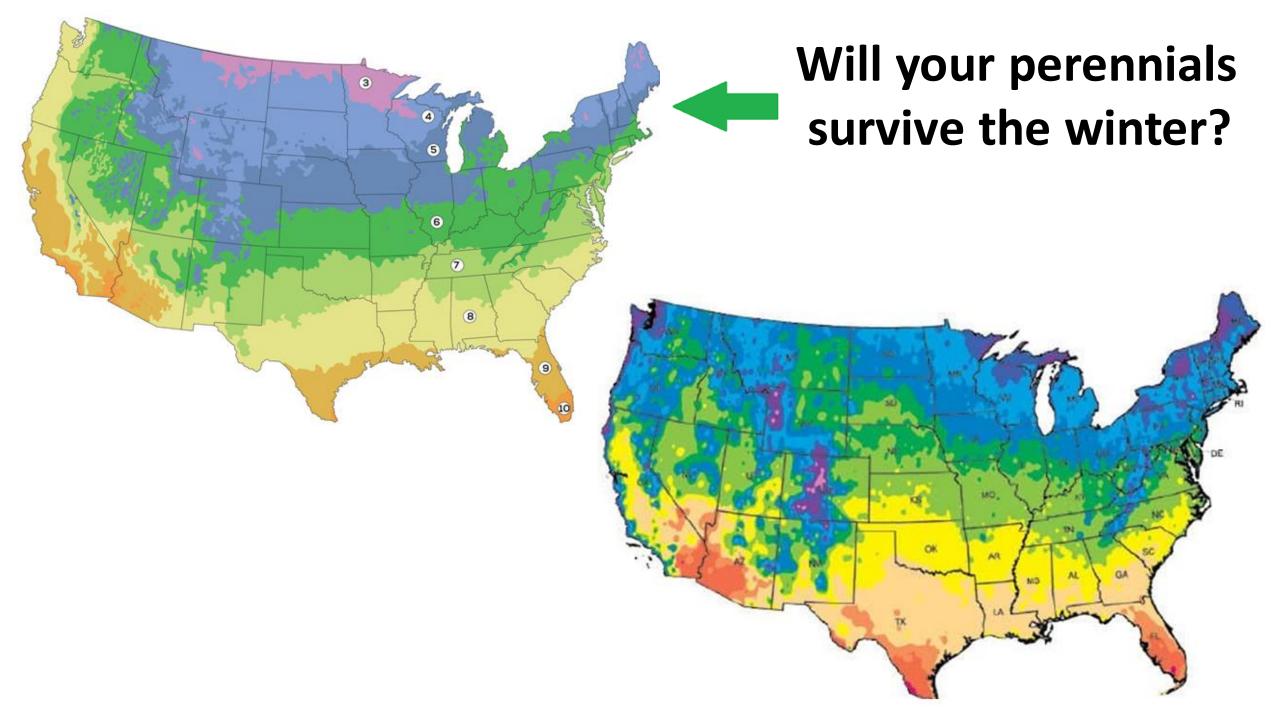
USDA Plant Hardiness Zone Map

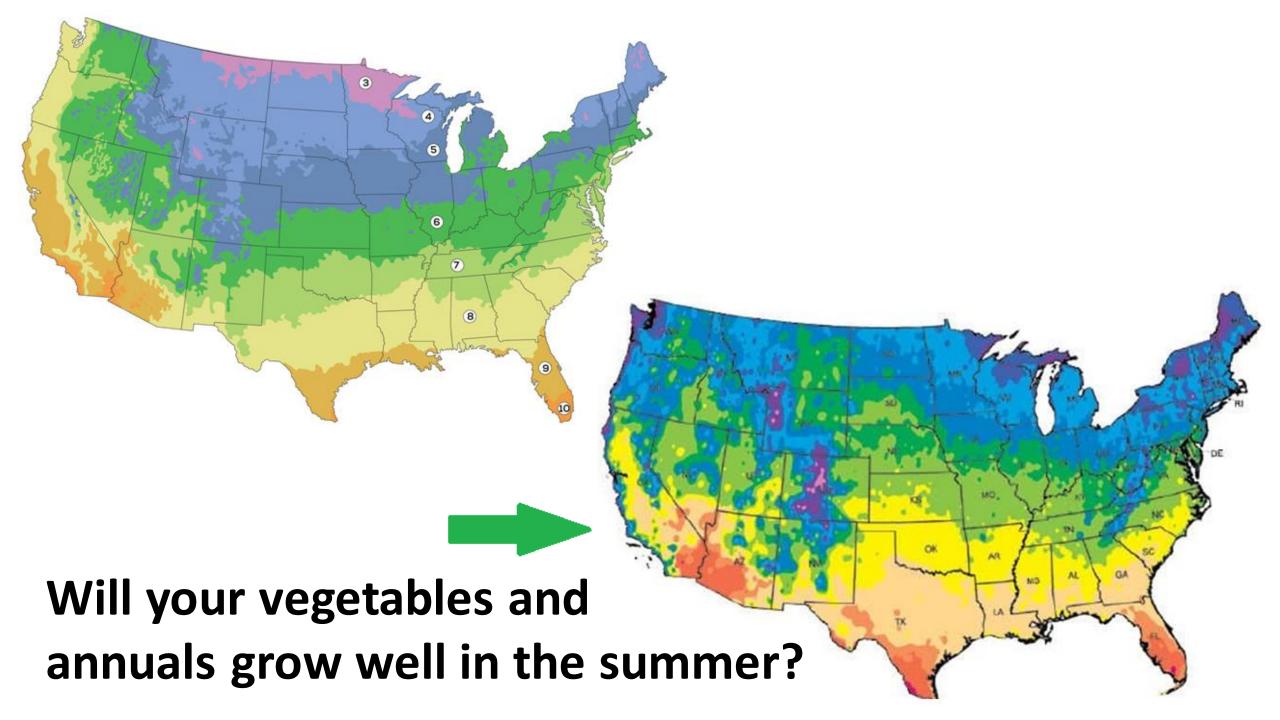


American Horticultural Society Heat Zone Map









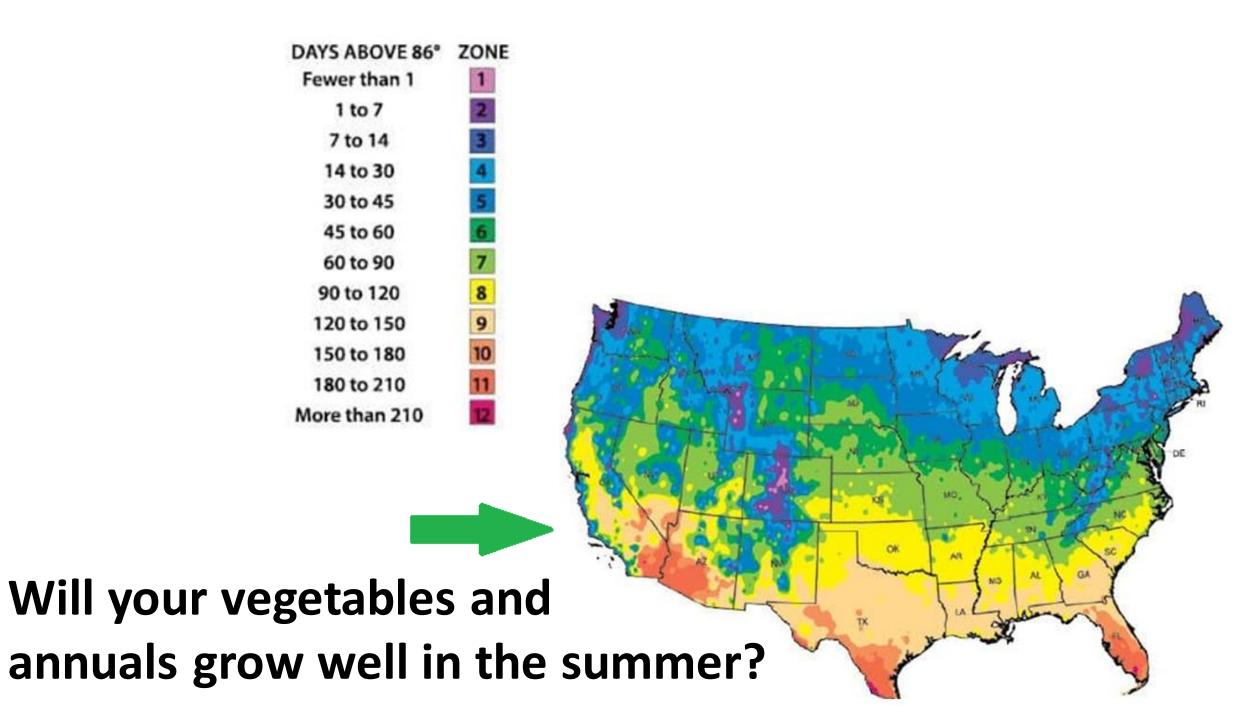


Table 2. Classification of vegetable crops according to their adaptation to warm and cold temperatures (Adapted from: Knott's Handbook for Vegetable Growers; Vegetable Production, Nonnecke).

Warm-season Crops				
<u>Tender</u>			Very Tender	
Cowpea	Soybean	Cucumber	Pepper	
New Zealand spinach	Sweet corn	Eggplant	Pumpkin	
Snap/green bean	Tomato	Lima bean	Squash	
		Muskmelon	Sweet potato	
		Okra	Watermelon	
Cool-season Crops				
Ha	ardy		Half-hardy	
Artichoke	Kohlrabi	Carrot	Chinese cabbage	
Asparagus	Leek	Cauliflower	Endive	
Beet	Mustard	Celery	Lettuce	
Broad bean	Onion	Chard	Potato	
Broccoli	Parsley			
Brussels sprouts	Radish			
Cabbage	Rhubarb			
Chive	Spinach			
Collards	Turnip			
Garlic	Parsnip			
Horseradish	Salsify			
Kale				

KNOW YOUR SOIL TEMPERATURE



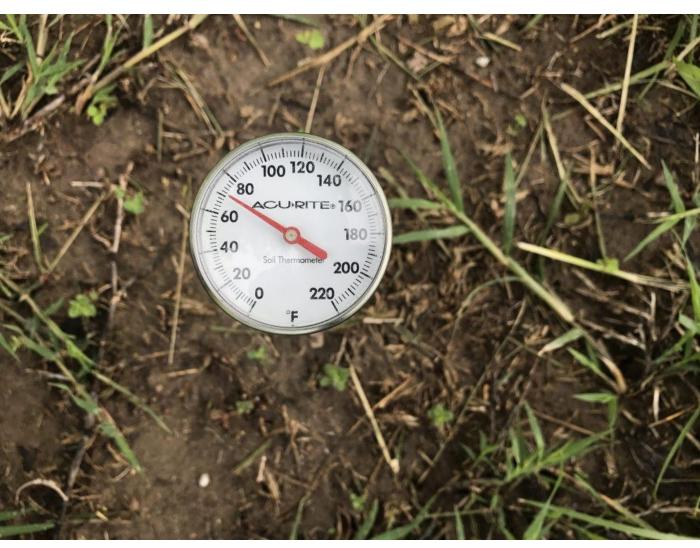


Table 9. Minimum, maximum, and optimum soil temperatures for vegetable seed germination (Source: Knott's Handbook for Vegetable Growers).

Vegetable	Minimum (°F)	Optimum Range (°F)	Optimum (°F)	Maximum (°F)
Asparagus	50	60-85	75	95
Bean	60	60-85	80	95
Bean, Lima	60	65-85	85	85
Beet	40	50-85	85	95
Cabbage	40	45-95	85	100
Carrot	40	45-85	80	95
Cauliflower	40	45-85	80	100
Celery	40	60-70	70	85
Chard	40	50-85	85	95
Corn	50	60-95	95	105
Cucumber	60	60-95	95	105
Eggplant	60	75-90	85	95
Lettuce	35	40-80	75	85
Muskmelon	60	75-95	90	100
Okra	60	70-95	95	105
Onion	35	50-95	75	95
Parsley	40	50-85	75	90
Parsnip	35	50-70	65	85
Pea	40	40-75	75	85
Pepper	60	65-95	85	95
Pumpkin	60	70-90	90	100
Radish	40	45-90	85	95
Spinach	35	45-75	70	85
Squash	60	70-95	95	100
Tomato	50	60-85	85	95
Turnip	40	60-105	85	105
Watermelon	60	70-95	95	105

Lettuce 35°F 75°F
Onion 35°F 75°F
Parsnip 35°F 65°F
Spinach 35°F 70°F

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Tomato	50	60-85	85	95
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Beet	40°F	85°F
Cabbage	40°F	85°F
Carrot	40°F	80°F
Cauliflower	40°F	80°F
Celery	40°F	70°F
Chard	40°F	85°F
Peas	40°F	75°F
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Asparagus 50°F 75°F Corn 50°F 95°F Tomato 50°F 85°F

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60°F	80°F
60°F	95°F
60°F	85°F
60°F	90°F
60°F	95°F
60°F	85°F
60°F	90°F
60°F	95°F
60°F	95°F
	60°F 60°F 60°F 60°F 60°F

Table 3. Growing degree day (GDD) base temperatures for some common vegetable crops (Source: Knott's Handbook for Vegetable Growers).

Crop		Base Temperature (°F)
Asparag	us	40
Bean, sn	ар	50
Beet		40
Broccoli		40
Carrot		38
Collards		40
Cucumb	er	55
Eggplan	t	60
Lettuce		40
Muskme	elon	50
Onion		35
Okra		60
Pea		40
Pepper		50
Potato		40
Squash		45
Strawbe	ггу	39
Sweet co	orn	48
Sweet p	otato	60
Tomato		51
Waterme	elon	55

BASE TEMPERATURES

Below these temperatures, all plant growth stops.

50°F Beans 55°F **Cucumbers 50°F Peppers** 51°F

Tomatoes

Choosing Your Seeds:Days to Maturity

- How long until the plants mature
 is the key fact for deciding when
 to start your seeds.
- Seed Packets have very useful information, including Days to Maturity, (or Harvest or Ripeness.)
- In Zone 8, seeds with SHORTER days to maturity are generally more successful.



Where to find seeds:

Choose Seed Suppliers who specialize in your area and climate zone.

Examples of Maritime Northwest Seed companies:

- **Ed Hume Seeds**
- **Nichols Garden Nursery**
- **Salt Spring Seeds**
- **Territorial Seed Company**
- **West Coast Seeds**
- Wild Garden Seed

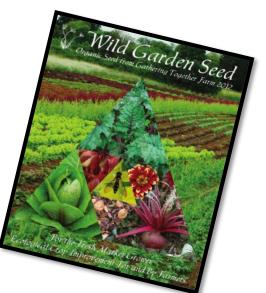










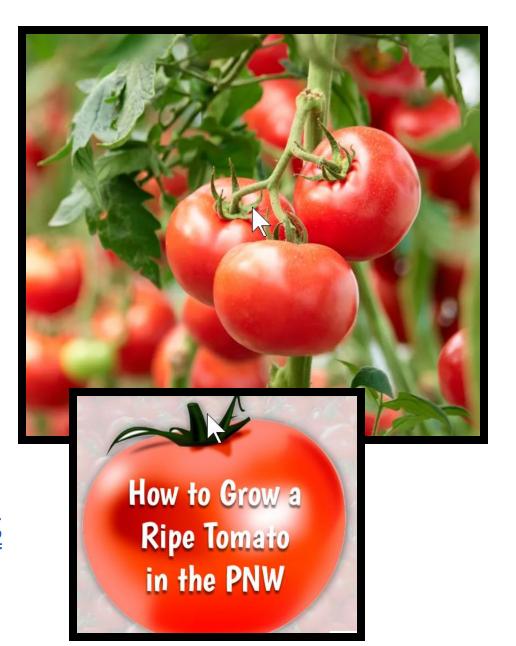


A Note about Tomatoes:

 For Tomatoes, "Days to Maturity" starts at TRANSPLANTING, not direct seeding.

 How to Grow a Ripe Tomato in the PNW is another talk WSU Cowlitz County Master Gardeners have:

https://static1.squarespace.com/static/5bce465092441 bb41c15fd04/t/6284727931e7a6240cc215a8/16528472 37966/how+to+grow+a+red+tomato.pdf



Transplanting vs. Direct Seeding

Before you can decide this, here is <u>A Very Key Question:</u>
Is Your Garden Ready?

- Preparing the garden for planting seeds or transplants needs to be included in planning.
- Waiting until the soil is dry enough can delay planting.
- One way to plant earlier in the season is to prepare the garden in the fall and cover it.





Direct Seeding:

Advantages:

- Only plant once.
- Hopefully!
- No weeks of caring for transplants.
- Not limited by greenhouse space.
- Less effort; no hauling tons of transplants out to the garden.
- Some plants prefer direct seeding.







Direct Seeding:

Disadvantages:

(Assuming your garden is ready)

- Less control of the conditions for the early growing period.
- The climate may not follow your plans!
- Your garden season is more dictated by your zone and temperature, and you have less control, and usually a shorter season.





Transplanting

Advantages:

- Extends the season!
- Lets you grow varieties with longer "days to maturity."
- You can use "Succession Planting" to get more food out of a smaller garden plot.
- It may save \$\$



Transplanting

Disadvantages:

- You need light and heat and usually \$\$ to raise transplants.
- A sunny window can work, but overhead lighting is better.
- Space is usually limited, unless you own a massive greenhouse!











Good news!

There are many ways to overcome these obstacles!







Continuous production throughout growing season - plant same crop every few weeks



Replacement plantings after harvest (NEW plantings in available space)



Spring Plantings
Broccoli

Spring Plantings → Early Summer Harvest

Gemini F1

50 days

Monty F1

56 days

Territorial Johnny's



Spring Plantings → Early Summer Harvest (60 days or less)

Radishes (22) Turnips (40)

Cauliflower (45) Broccoli (50)

Lettuce (28) Pac Choi (37) Spinach (24) Swiss Chard (28)

Peas (60)

Onions (August harvest) Garlic (July harvest)



Early Summer Harvest → Summer Planting (late June – mid August)

Radishes (22)

4 plantings

April $1 \rightarrow May 8$

Harvest 4/24 - 5/8 and 6/1 - 6/15

April 20 → May 25

Harvest 5/11 - 5/25 and 6/15 - 6/30



Early Summer Harvest → Summer Planting (late June – mid August)
Peas (60)

4 plantings April 10 → June 29



Early Summer Harvest → **Summer Planting (late June – mid August)**



Early Summer Harvest → **Summer Planting (late June – mid August)**

Lettuce, turnips, cauliflower all harvested by June 20









Early Summer Harvest → Summer Planting (late June – mid August)

Lettuce, turnips, cauliflower all harvested by June 20



Bush Beans (55 days) Cucumbers (55 days) harvest 8/14 - 9/4 harvest 8/14 - 9/14



Early Summer Harvest → Summer Planting (late June – mid August)

Lettuce, turnips, cauliflower all harvested by June 20



Bush Beans (55 days) Cucumbers (55 days)

Radishes 9/4

harvest 8/14 - 9/4

harvest 8/14 - 9/14

harvest 9/26 - 10/10



Early Summer Harvest → **Summer Planting (late June – mid August)**

Garlic all harvested by July 15



Early Summer Harvest → Summer Planting (late June – mid August)

Garlic all harvested by July 15

Summer Squash (50 days) harvest 9/9 - 10/10



Early Summer Harvest → **Summer Planting (late June – mid August)**

Onions all harvested by August 15



Early Summer Harvest → Summer Planting (late June – mid August)

Onions all harvested by August 15



Early Summer Harvest → Summer Planting (late June – mid August)

Lettuce (28)



Early Summer Harvest → **Summer Planting (late June – mid August)**

Spinach (24)



Cucumbers

Snow Peas

Carrots

Beets

Tomatoes

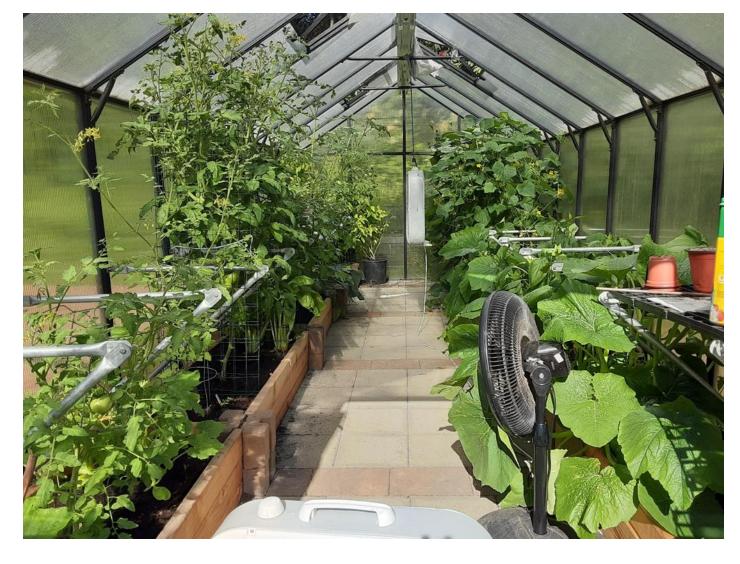
Peppers

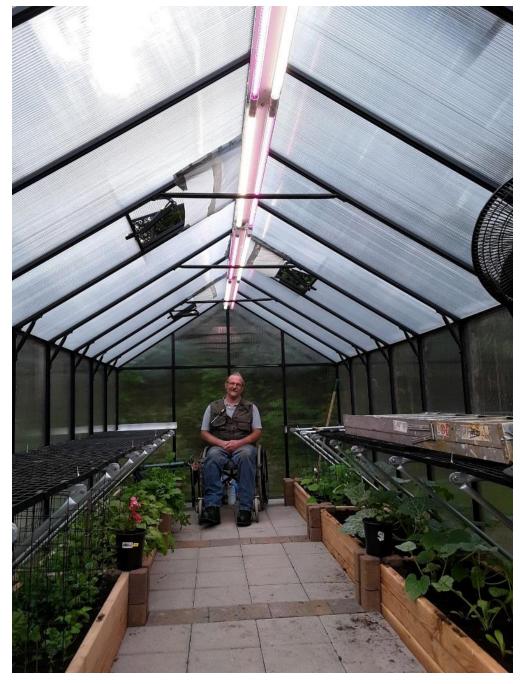
Swiss Chard

Bok Choi











Planted cucumbers once soil temperature was 70°F (mid-May)

Harvested 6 weeks earlier than in my garden



Planted Beets in August for Spring harvest

January 2021



May 26, 2021







THANKSGIVING 2021

Cucumbers

planted in mid-May for July harvest





Tomatoes

Peppers



transplanted in August for late fall harvest





Snow Peas

Carrots

Beets

planted in late July for spring harvest



Extending the Season in Ways Other than a Greenhouse

 Here are some ways to warm the soil or protect your plants:



Cloches



Floating Row Cover



Hoops covered by Row Cover or Plastic



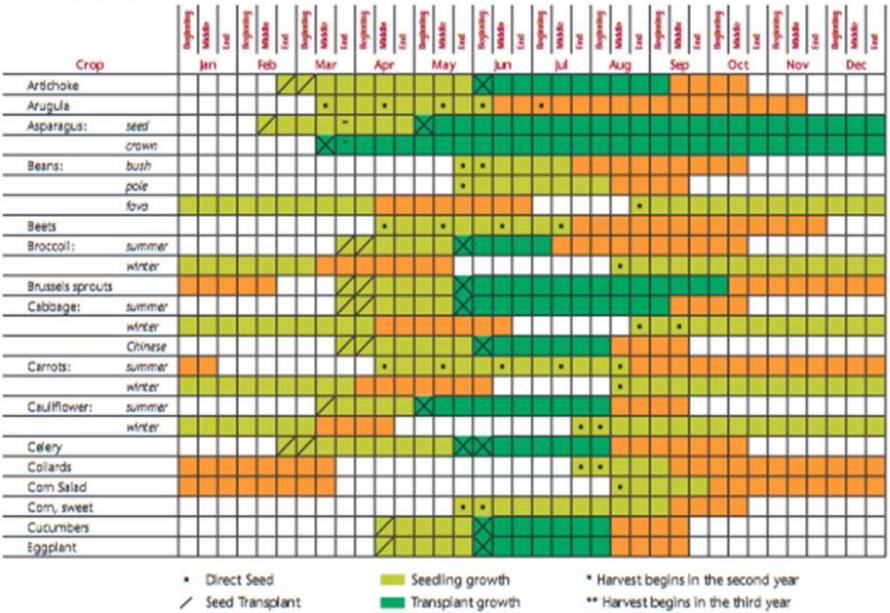
Cover the Soil with Plastic



Wall O' Water



Cold Frame



Harvest

X Transplant

Brassicas: Cool Weather Crops

Broccoli, Cabbage, Cauliflower, Kale, Radishes, etc.

Variety	Start Transplant	Set Out*	Direct Seed*
Broccoli	End of March	End of May	End of May
Cabbage	End of March	End of Mary	End of May
Cauliflower	End of March	End of May	End of May
Kale	End of March	End of Mary	End of May
Kale (winter)	(Harvest in winter & spring)		Mid July -August
Radish			Mid March

^{*} Optimum Soil Temperature: Broccoli: 50-60, Cabbage: 50-90, Cauliflower: 45-85, Kale: 60-90, Radish: 50-65

Tips for Brassicas

- Broccoli: After the main head is cut, often there are side shoots. If you prefer the heads, start a few broccoli every week, to space the harvest out.
- Cabbage, Cauliflower, Kale: Start new plants every few weeks for similar reasons.
- Radishes: starting a FEW every few weeks is better than 50 all at once.









Cucurbits (Kyoo CUR bits)

Cucumbers, Pumpkins, Squash, Muskmelons, Watermelons, Zucchini

Variety	Start Transplant*	Set Out**	Direct Seed*
Cucumber	Mid April	Beginning June	Beginning June
Squash – summer (includes Zucchini)	Mid April	Beginning June	Beginning June
Squash – winter	Mid April	Beginning June	Beginning June
Pumpkins	Mid April	Beginning June	Beginning June
Muskmelons	Mid April	Beginning June	Beginning June
Watermelons	Mid April	Beginning June	Beginning June

^{*} **Optimum Soil Temperature**: Cucumbers: 70-95, Summer Squash: 70-95, Winter Squash: 60-90, Pumpkins: 70-90, Muskmelons: 75-95, Watermelon: 60-95

^{**}Take care with transplanting: cucurbits dislike having their roots disturbed. Using biodegradable pots can be useful.

Tomatoes (50 days – 90 days)

Must be transplanted

May 21

(lower elevation)

50 days

70 days

90 days

July 10

July 30

Aug 19



Tomatoes (50 days – 90 days)

Must be transplanted

June 7

(higher elevation)

50 days

70 days

90 days

July 27

Aug 16

Sept 5



Tomatoes (50 days – 90 days)

Must be transplanted

June 21, 2022 (cold!) 76 days

Sept 5
(1st tomato)



Must be transplanted

When to plant tomato seeds?





Seedlings in a heated greenhouse

~ 50 - 70 days before transplanting



Seedlings without a greenhouse

~ 75 - 95 days before transplanting



Seedlings must be up-potted





Seedlings must be up-potted







Seedlings must be up-potted











Winter Gardening

- Winter Gardening requires
 knowledge of your microclimate, site,
 soils, varieties that work well,
 protecting your plants, and more.
- Winter Vegetable Production on Small Farms and Gardens West of the Cascades is an excellent resource for how to garden in the PNW winter. It is in the Resources Section at the end of this presentation.





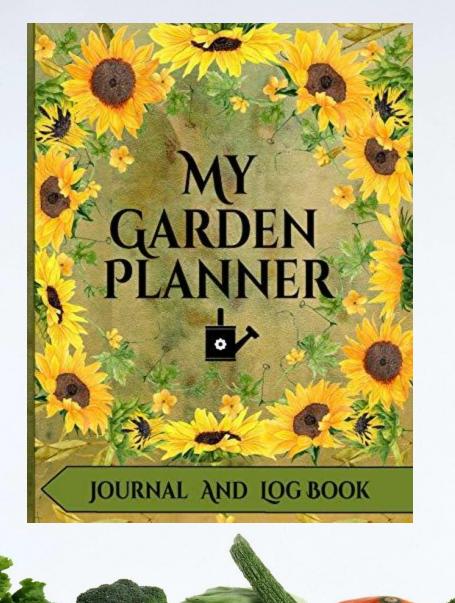
Winter Gardening Seed/Transplant Times

Crop / Hardiness		Plant Seed or Transplant	Harvest
Sprouting Broccol	i 15–20°F	T- Mid July/ Early August	Feb April
Winter Cabbage	20-25°F	T- Mid July/ Early August	Nov March
Winter Cauliflowe	er 10–15°F	T- Mid July/ Early August	Feb April
Garlic Bulb	0-15°F	Bulb – Sept/ Early Nov.	March-July
Spinach	0°F	S: Aug/Sept T-July-Aug	Nov Feb
Kale	0°F	T- June-Aug.	Sept April
Carrot & Parsnip	5°F	S: May – July	Oct March
Rutabaga	20°F	S: July	March
Turnip	10-20°F	S: August	March





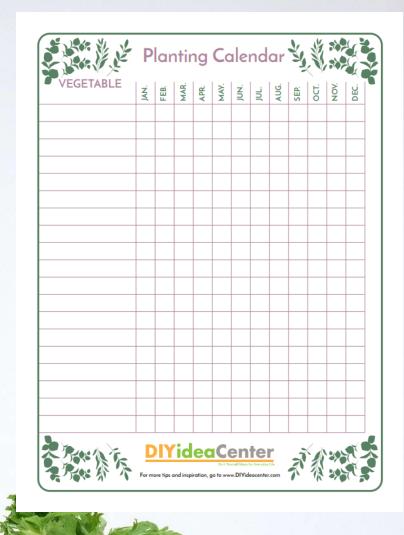




Plan Ahead Keep Notes

- Successes
- Failures

Recommendations for next season



Summary

Knowing WHEN to plant is key

- 1) Know your growing zone
- 2) Know your seeds
- 3) Direct planting or transplants
- 4) Succession planning





Summary

Knowing WHEN to plant is key

- 5) Extending the growing season (garden and greenhouse)
- 6) Specific Examples (brassicas, cucurbits, and tomatoes)
- 7) Winter gardening



Questions?

Resources:

Raising Transplants

Amazing Herb Garden. Build Your Own Indoor Growing Station. https://www.amazingherbgarden.com/how-to-build-your-own-diy-seed-starting-station-my-indoor-grow-light-setup/

Tomatoes

Cowlitz County Master Gardeners. (2022). How to Grow a Ripe Tomato in the PNW. https://static1.squarespace.com/static/5bce465092441bb41c15fd04/t/6284727931e7a6240cc215a8/1652847237966/h https://static1.squarespace.com/static/5bce465092441bb41c15fd04/t/6284727931e7a6240cc215a8/1652847237966/h https://static1.squarespace.com/static/5bce465092441bb41c15fd04/t/6284727931e7a6240cc215a8/1652847237966/h https://static1.squarespace.com/static/5bce465092441bb41c15fd04/t/6284727931e7a6240cc215a8/1652847237966/h https://static1.squarespace.com/static/5bce465092441bb41c15fd04/t/6284727931e7a6240cc215a8/1652847237966/h

Vegetable Gardening in General

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Mock, N. (12 July 2022). How to Read a Seed Packet or Plant Tag to Help Your Garden Grow. Taste of Home. RDA Enthusiast Brands, LLC. https://www.tasteofhome.com/article/how-to-read-a-seed-packet/

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